

Lebanon Valley College Track & Field 2008-09 Performance List

Individual Top Marks Outdoors Only

Lebanon Valley College [LVC]

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr		
Male Open 100m Dash							
1	11.00	NWI	F	--- Light, Josh		3/20/2009	2009 LVC Outdoor Invitational
2	11.02	1.6	P	--- Light, Josh		4/30/2009	2009 MAC Outdoor Championships
3	11.21	NWI	F	--- Duncan, Jerome		4/18/2009	ESU All-American Meet
4	11.26	NWI	F	--- Light, Josh		4/18/2009	ESU All-American Meet
5	11.27	-0.1	F	--- Light, Josh		4/30/2009	2009 MAC Outdoor Championships
6	11.29	NWI	P	--- Light, Josh		4/4/2009	Goucher Classic
7	11.36	NWI	F	--- Light, Josh		3/27/2009	VMI-W&L Track and Field Carnival
8	11.37	NWI	F	--- Light, Josh		4/4/2009	Goucher Classic
9	11.38	1.6	P	--- Duncan, Jerome		4/30/2009	2009 MAC Outdoor Championships
10	11.42	-0.1	F	--- Duncan, Jerome		4/30/2009	2009 MAC Outdoor Championships
11	11.44	NWI	P	--- Light, Josh		5/14/2009	ECAC Championships
12	11.57	-2.4	P	--- Light, Joshua	JR	4/25/2009	Paul Kaiser Track & Field Classic
13	11.60	NWI	F	--- Duncan, Jerome		3/20/2009	2009 LVC Outdoor Invitational
14	11.86	NWI	P	--- Bauer, Chris		4/4/2009	Goucher Classic
15	11.98	NWI	F	--- Lee, Justin		3/27/2009	VMI-W&L Track and Field Carnival
16	12.02	-2.4	P	--- Rockwell, Wes	FR	4/25/2009	Paul Kaiser Track & Field Classic
17	12.20	NWI	F	--- Sodipo, Olusola		3/20/2009	2009 LVC Outdoor Invitational
18	12.22	NWI	P	--- Sodipo, Olusola		4/4/2009	Goucher Classic
19*	12.30	NWI	F	--- Clements, Chris		3/20/2009	2009 LVC Outdoor Invitational
19*	12.30	NWI	F	--- O'Brien, Charles		3/20/2009	2009 LVC Outdoor Invitational
21	12.33	NWI	F	--- Clements, Chris		3/27/2009	VMI-W&L Track and Field Carnival
22	12.37	NWI	P	--- Clements, Chris		4/4/2009	Goucher Classic
23	12.39	-2.4	P	--- Sodipo, Olusola	FR	4/25/2009	Paul Kaiser Track & Field Classic
24	12.40	NWI	F	--- Acosta, Ronny		3/20/2009	2009 LVC Outdoor Invitational
25	12.47	NWI	F	--- Sodipo, Olusola		3/27/2009	VMI-W&L Track and Field Carnival
26	12.59	-3.6	P	--- Clements, Christopher	JR	4/25/2009	Paul Kaiser Track & Field Classic
27	12.66	NWI	P	--- O'Brien, Charles	SR	4/25/2009	Paul Kaiser Track & Field Classic
28	12.67	NWI	M	--- Young, Andrew		4/30/2009	2009 MAC Outdoor Championships
29	12.68	-2.4	P	--- Acosta, Ronnie	SO	4/25/2009	Paul Kaiser Track & Field Classic
30	13.04	-2.7	P	--- Young, Andrew	SR	4/25/2009	Paul Kaiser Track & Field Classic
31	13.05	NWI	P	--- Young, Andrew		4/4/2009	Goucher Classic
32	13.10	NWI	F	--- O'Brien, Charles		3/27/2009	VMI-W&L Track and Field Carnival
33	13.15	NWI	P	--- O'Brien, Charles		4/4/2009	Goucher Classic
34	13.28	NWI	P	--- Acosta, Ronny		4/4/2009	Goucher Classic
Male Open 200m Dash							
1	22.57	1.5	F	--- Light, Josh		4/30/2009	2009 MAC Outdoor Championships
2	22.78	1.5	F	--- Duncan, Jerome		4/30/2009	2009 MAC Outdoor Championships
3	22.91	0.4	P	--- Light, Josh		4/30/2009	2009 MAC Outdoor Championships
4	23.00	NWI	F	--- Light, Josh		3/20/2009	2009 LVC Outdoor Invitational
5	23.02	1.3	P	--- Duncan, Jerome		4/30/2009	2009 MAC Outdoor Championships
6	23.20	NWI	F	--- Duncan, Jerome		3/20/2009	2009 LVC Outdoor Invitational
7	23.23	NWI	F	--- Light, Josh		4/18/2009	ESU All-American Meet
8	23.41	NWI	F	--- Light, Josh		4/4/2009	Goucher Classic
9	24.27	-0.8	F	--- Rockwell, Wes	FR	4/25/2009	Paul Kaiser Track & Field Classic
10	24.40	NWI	F	--- Rockwell, Wes		3/20/2009	2009 LVC Outdoor Invitational
11	24.70	NWI	F	--- Cisarik, Tyler		4/4/2009	Goucher Classic

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	Mark	Convert	Rnd	Name	Age/Yr		
12	24.85	NWI	F	---	Rockwell, Wes	4/4/2009	Goucher Classic
13	25.10	-0.8	F	---	Clements, Christopher	JR	4/25/2009 Paul Kaiser Track & Field Classic
14	25.18	NWI	F	---	Sodipo, Olusola	FR	4/25/2009 Paul Kaiser Track & Field Classic
15	25.48	NWI	F	---	Sodipo, Olusola		4/4/2009 Goucher Classic
16	25.58	NWI	F	---	Acosta, Ronnie	SO	4/25/2009 Paul Kaiser Track & Field Classic
17	25.77	NWI	F	---	Clements, Chris		4/4/2009 Goucher Classic
18	25.80	NWI	F	---	Sodipo, Olusola		3/20/2009 2009 LVC Outdoor Invitational
19	25.90	NWI	F	---	Lee, Justin		3/20/2009 2009 LVC Outdoor Invitational
20	26.40	NWI	F	---	O'Brien, Charles		3/20/2009 2009 LVC Outdoor Invitational
21	26.61	NWI	F	---	O'Brien, Charles		4/4/2009 Goucher Classic
22	27.00	NWI	F	---	Acosta, Ronny		3/20/2009 2009 LVC Outdoor Invitational
23	27.06	NWI	F	---	O'Brien, Charles	SR	4/25/2009 Paul Kaiser Track & Field Classic

Male Open 400m Dash

1	51.90		F	---	Bauer, Chris	3/27/2009	VMI-W&L Track and Field Carnival
2	52.62		P	---	Cisarik, Tyler	4/30/2009	2009 MAC Outdoor Championships
3	53.09		F	---	Cisarik, Tyler	4/18/2009	ESU All-American Meet
4	53.12		F	---	Cisarik, Tyler	JR	4/25/2009 Paul Kaiser Track & Field Classic
5	54.70		F	---	Cisarik, Tyler	3/20/2009	2009 LVC Outdoor Invitational
6	56.23		F	---	Vo, Mike	4/4/2009	Goucher Classic
7	59.96		M	---	Young, Andrew	4/30/2009	2009 MAC Outdoor Championships
8	1:01.40		F	---	Young, Andrew	3/20/2009	2009 LVC Outdoor Invitational

Male Open 800m Run

1	1:59.49		P	---	Ansbach, Jeremy	4/30/2009	2009 MAC Outdoor Championships
2	2:02.50		F	---	Anderson, Jeff	4/4/2009	Goucher Classic
3	2:03.17		F	---	Bauer, Chris	4/4/2009	Goucher Classic
4	2:04.00		F	---	Ansbach, Jeremy	4/18/2009	ESU All-American Meet
5	2:04.05		F	---	Anderson, Jeffrey	SR	4/25/2009 Paul Kaiser Track & Field Classic
6	2:04.50		F	---	Ansbach, Jeremy	4/11/2009	TCNJ Invitational
7	2:05.20		F	---	Anderson, Jeff	3/20/2009	2009 LVC Outdoor Invitational
8	2:05.85		P	---	Anderson, Jeff	4/30/2009	2009 MAC Outdoor Championships
9	2:06.50		F	---	Anderson, Jeff	3/27/2009	VMI-W&L Track and Field Carnival
10	2:08.08		F	---	Hoose, Courtland	4/4/2009	Goucher Classic
11	2:15.89		F	---	Lucena, Israel	3/27/2009	VMI-W&L Track and Field Carnival
12	2:18.20		F	---	Vo, Mike	3/27/2009	VMI-W&L Track and Field Carnival
13	2:22.30		F	---	Lucena, Israel	3/20/2009	2009 LVC Outdoor Invitational
14	2:23.50		F	---	Vo, Mike	3/20/2009	2009 LVC Outdoor Invitational
15	2:25.63		F	---	Lucena, Isarel	JR	4/25/2009 Paul Kaiser Track & Field Classic
16	2:40.20		F	---	Rodriguez, Willie	3/20/2009	2009 LVC Outdoor Invitational

Male Open 1500m Run

1	4:04.31		F	---	Ansbach, Jeremy	5/11/2009	Swarthmore Last Chance Meet
2	4:10.82		F	---	Ansbach, Jeremy	SR	4/25/2009 Paul Kaiser Track & Field Classic
3	4:10.84		F	---	Ansbach, Jeremy	4/30/2009	2009 MAC Outdoor Championships
4	4:11.05		F	---	Ansbach, Jeremy	4/18/2009	ESU All-American Meet
5	4:19.43		F	---	Hoose, Courtland	3/27/2009	VMI-W&L Track and Field Carnival
6	4:23.17		F	---	Ansbach, Jeremy	4/11/2009	TCNJ Invitational
7	4:28.23		F	---	Galen, Elias	SR	4/25/2009 Paul Kaiser Track & Field Classic
8	4:34.47		F	---	D'Angelo, Nick	4/4/2009	Goucher Classic
9	4:40.50		F	---	Lincoln-Decusatis, Gabr	3/20/2009	2009 LVC Outdoor Invitational

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	Mark	Convert	Rnd	Name	Age/Yr		
Male Open 1500m Run							
10	4:43.10		F	---	D'Angelo, Nick	3/20/2009	2009 LVC Outdoor Invitational
11	4:56.30		F	---	Lucena, Israel	3/20/2009	2009 LVC Outdoor Invitational
12	4:57.60		F	---	Wardle, Nick	3/20/2009	2009 LVC Outdoor Invitational
13	4:57.90		F	---	Rodriguez, Willie	3/20/2009	2009 LVC Outdoor Invitational
14	5:04.84		F	---	Rodriguez, Willie	FR	4/25/2009 Paul Kaiser Track & Field Classic
15	5:10.37		F	---	Rodriguez, Willie		4/4/2009 Goucher Classic
16	5:15.56		M	---	Young, Andrew	4/30/2009	2009 MAC Outdoor Championships
Male Open 5000m Run							
1	16:29.41		F	---	Himmelreich, Kyle	3/27/2009	VMI-W&L Track and Field Carnival
2	16:41.64		F	---	Ansbach, Jeremy	4/4/2009	Goucher Classic
3	16:44.42		F	---	D'Angelo, Nick	4/30/2009	2009 MAC Outdoor Championships
4	16:49.33		F	---	D'Angelo, Nick	3/27/2009	VMI-W&L Track and Field Carnival
5	17:03.00		F	---	Galan, Eli	3/20/2009	2009 LVC Outdoor Invitational
6	17:33.30		F	---	Hoose, Courtland	3/20/2009	2009 LVC Outdoor Invitational
7	18:06.80		F	---	D'Angelo, Nicholas	FR	4/25/2009 Paul Kaiser Track & Field Classic
8	18:10.72		F	---	Wardle, Nick		4/4/2009 Goucher Classic
9	18:43.46		F	---	Lincoln-Decusatis, Gabrie	FR	4/25/2009 Paul Kaiser Track & Field Classic
Male Open 10000m Run							
1	16:49.33		F	---	D'Angelo, Nick	3/27/2009	VMI-W&L Track and Field Carnival
2	35:05.20		F	---	Galan, Eli	4/4/2009	Goucher Classic
3	35:05.32		F	---	Galan, Eli	4/30/2009	2009 MAC Outdoor Championships
4	35:37.23		F	---	Lincoln-Decusatis, Gabr	3/27/2009	VMI-W&L Track and Field Carnival
5	35:55.43		F	---	Lincoln-Decusatis, Gabr	4/30/2009	2009 MAC Outdoor Championships
Male Open 110m Hurdles							
1	11.44	NWI	P	---	Light, Josh	5/14/2009	ECAC Championships
2	15.09	NWI	F	---	Duncan, Jerome	FR	5/14/2009 ECAC Championships
3	15.27	0.4	F	---	Duncan, Jerome	4/30/2009	2009 MAC Outdoor Championships
4	15.31	NWI	F	---	Duncan, Jerome	4/18/2009	ESU All-American Meet
5	15.40	NWI	F	---	Duncan, Jerome	3/20/2009	2009 LVC Outdoor Invitational
6	15.55	NWI	P	---	Duncan, Jerome	FR	5/14/2009 ECAC Championships
7	15.86	NWI	F	---	Duncan, Jerome		4/4/2009 Goucher Classic
8	15.98	NWI	P	---	Duncan, Jerome	FR	4/25/2009 Paul Kaiser Track & Field Classic
9	16.00	NWI	F	---	Phanthavong, Bryan	JR	3/20/2009 2009 LVC Outdoor Invitational
10	16.03	-2.9	F	---	Duncan, Jerome	FR	4/25/2009 Paul Kaiser Track & Field Classic
11	16.30	NWI	F	---	Phanthavong, Bryan	JR	3/27/2009 VMI-W&L Track and Field Carnival
12	16.31	NWI	P	---	Duncan, Jerome		4/4/2009 Goucher Classic
13	16.40	NWI	F	---	Duncan, Jerome	3/27/2009	VMI-W&L Track and Field Carnival
14	16.74	0.4	F	---	Phanthavong, Bryan	JR	4/30/2009 2009 MAC Outdoor Championships
15	22.23	NWI	M	---	Young, Andrew	4/30/2009	2009 MAC Outdoor Championships
Male Open 400m Hurdles							
1	58.80		F	---	Bauer, Chris	3/20/2009	2009 LVC Outdoor Invitational
Male Open 3000m StplCh							
1	10:42.43		F	---	Galan, Eli	3/27/2009	VMI-W&L Track and Field Carnival
2	10:55.16		F	---	Galan, Eli	4/30/2009	2009 MAC Outdoor Championships
3	11:01.92		F	---	Galan, Eli	4/18/2009	ESU All-American Meet
4	11:56.02		F	---	Lincoln-Decusatis, Gabr	4/18/2009	ESU All-American Meet

Lebanon Valley College Track & Field 2008-09 Performance List

Individual Top Marks Outdoors Only

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr		
Male Open High Jump								
1	1.93m	6-04.00	F	---	Meehan, Joe	FR	4/25/2009	Paul Kaiser Track & Field Classic
2*	6-02.75	1.89m	F	---	Meehan, Joe	FR	5/14/2009	ECAC Championships
2*	6-02.75	1.89m	F	---	Meehan, Joe		4/18/2009	ESU All-American Meet
4	1.83m	6-00.00	F	---	Meehan, Joe		4/30/2009	2009 MAC Outdoor Championships
5*	5-02.00	1.57m	F	---	Young, Andrew		3/20/2009	2009 LVC Outdoor Invitational
5*	5-02.00	1.57m	F	---	Kriner, Jessie		3/20/2009	2009 LVC Outdoor Invitational
7	1.38m	4-06.25	M	---	Young, Andrew		4/30/2009	2009 MAC Outdoor Championships
Male Open Pole Vault								
1	4.25m	13-11.25	F	---	Landshof, Michael	SO	4/25/2009	Paul Kaiser Track & Field Classic
2*	13-00.00	3.96m	F	---	Landshof, Michael		4/18/2009	ESU All-American Meet
2*	13-00.00	3.96m	F	---	Landshof, Michael		3/20/2009	2009 LVC Outdoor Invitational
4	3.96m	12-11.75	F	---	Landshof, Michael		4/30/2009	2009 MAC Outdoor Championships
5	3.88m	12-08.75	F	---	Landshof, Michael		3/27/2009	VMI-W&L Track and Field Carnival
6	2.45m	8-00.50	M	---	Young, Andrew		4/30/2009	2009 MAC Outdoor Championships
7*	NH		F	---	Landshof, Michael		4/4/2009	Goucher Classic
7*	NH		F	---	Young, Andrew		4/4/2009	Goucher Classic
Male Open Long Jump								
1	6.43m	21-01.25	F	---	Meehan, Joe	FR	4/25/2009	Paul Kaiser Track & Field Classic
2*	6.06m	-0.7 19-10.75	F	---	Lee, Justin		4/30/2009	2009 MAC Outdoor Championships
2*	6.06m	19-10.75	F	---	Lee, Justin	SO	4/25/2009	Paul Kaiser Track & Field Classic
4*	19-08.00	NWI 5.99m	F	---	Duncan, Jerome		4/4/2009	Goucher Classic
4*	19-08.00	NWI 5.99m	P	---	Duncan, Jerome		4/4/2009	Goucher Classic
6	5.89m	19-04.00	F	---	Rockwell, Wes	FR	4/25/2009	Paul Kaiser Track & Field Classic
7	5.73m	18-09.75	F	---	Rockwell, Wes		3/27/2009	VMI-W&L Track and Field Carnival
8*	18-07.75	NWI 5.68m	F	---	Kriner, Jessie		4/4/2009	Goucher Classic
8*	18-07.75	NWI 5.68m	P	---	Kriner, Jessie		4/4/2009	Goucher Classic
10	5.68m	18-07.75	F	---	Kriner, Jessie		3/27/2009	VMI-W&L Track and Field Carnival
11	5.67m	18-07.25	F	---	Lee, Justin		3/27/2009	VMI-W&L Track and Field Carnival
12	5.62m	18-05.25	F	---	Acosta, Ronnie	SO	4/25/2009	Paul Kaiser Track & Field Classic
13	5.57m	-0.1 18-03.25	F	---	Meehan, Joe		4/30/2009	2009 MAC Outdoor Championships
14	5.56m	+0.0 18-03.00	F	---	Rockwell, Wes		4/30/2009	2009 MAC Outdoor Championships
15	5.50m	18-00.50	F	---	Young, Andrew	SR	4/25/2009	Paul Kaiser Track & Field Classic
16*	17-09.75	NWI 5.42m	P	---	Acosta, Ronny		4/4/2009	Goucher Classic
16*	17-09.75	NWI 5.42m	F	---	Acosta, Ronny		4/4/2009	Goucher Classic
18	5.42m	17-09.50	F	---	Young, Andrew		3/27/2009	VMI-W&L Track and Field Carnival
19	17-09.00	5.41m	F	---	Rockwell, Wes		3/20/2009	2009 LVC Outdoor Invitational
20	17-08.50	5.39m	F	---	Kriner, Jessie		3/20/2009	2009 LVC Outdoor Invitational
21	17-07.50	NWI 5.37m	P	---	Rockwell, Wes		4/4/2009	Goucher Classic
22	17-05.25	NWI 5.31m	P	---	Young, Andrew		4/4/2009	Goucher Classic
23	17-04.75	5.30m	F	---	Young, Andrew		3/20/2009	2009 LVC Outdoor Invitational
24	17-03.75	5.27m	F	---	Lee, Justin		3/20/2009	2009 LVC Outdoor Invitational
25	16-05.50	5.01m	F	---	Acosta, Ronny		3/20/2009	2009 LVC Outdoor Invitational
26	4.92m	-0.1 16-01.75	M	---	Young, Andrew		4/30/2009	2009 MAC Outdoor Championships
27	FOUL		P	---	Lee, Justin		4/4/2009	Goucher Classic
Male Open Triple Jump								
1	12.69m	0.2 41-07.75	F	---	Meehan, Joe		4/30/2009	2009 MAC Outdoor Championships
2	41-01.00	NWI 12.52m	F	---	Meehan, Joe		4/18/2009	ESU All-American Meet

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Individual Top Marks Outdoors Only

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr			
Male Open Triple Jump									
3	40-11.75	NWI	12.49m	F	---	Lee, Justin	4/18/2009	ESU All-American Meet	
4	12.25m	0.8	40-02.25	F	---	Lee, Justin	4/30/2009	2009 MAC Outdoor Championships	
5	12.04m		39-06.00	F	---	Young, Andrew	3/27/2009	VMI-W&L Track and Field Carnival	
6	39-03.25		11.97m	F	---	Phanthavong, Bryan	JR	3/20/2009	2009 LVC Outdoor Invitational
7	11.95m	1.4	39-02.50	F	---	Kriner, Jessie	4/30/2009	2009 MAC Outdoor Championships	
8	11.91m		39-01.00	F	---	Kriner, Jessie	3/27/2009	VMI-W&L Track and Field Carnival	
9	11.78m	1.4	38-07.75	F	---	Young, Andrew	4/30/2009	2009 MAC Outdoor Championships	
10	38-06.75	NWI	11.75m	F	---	Lee, Justin	4/4/2009	Goucher Classic	
11	38-03.25		11.66m	F	---	Kriner, Jessie	3/20/2009	2009 LVC Outdoor Invitational	
12	38-02.25	NWI	11.64m	F	---	Kriner, Jessie	4/18/2009	ESU All-American Meet	
13*	37-11.50	NWI	11.57m	F	---	Kriner, Jessie	4/4/2009	Goucher Classic	
13*	37-11.50	NWI	11.57m	P	---	Kriner, Jessie	4/4/2009	Goucher Classic	
13*	37-11.50	NWI	11.57m	P	---	Lee, Justin	4/4/2009	Goucher Classic	
16	11.48m	NWI	37-08.00	F	---	Phanthavong, Bryan	JR	3/27/2009	VMI-W&L Track and Field Carnival
17	37-07.00		11.45m	F	---	Young, Andrew	3/20/2009	2009 LVC Outdoor Invitational	
18*	11.37m		37-03.75	F	---	Lee, Justin	3/27/2009	VMI-W&L Track and Field Carnival	
18*	11.37m		37-03.75	F	---	Rockwell, Wes	FR	4/25/2009	Paul Kaiser Track & Field Classic
20	11.22m		36-09.75	F	---	Rockwell, Wes	3/27/2009	VMI-W&L Track and Field Carnival	
21	36-09.50		11.21m	F	---	Lee, Justin	3/20/2009	2009 LVC Outdoor Invitational	
22	35-10.50	NWI	10.93m	F	---	Rockwell, Wes	4/4/2009	Goucher Classic	
23	35-01.00		10.69m	F	---	Rockwell, Wes	3/20/2009	2009 LVC Outdoor Invitational	
24*	ND			F	---	Lee, Justin	SO	4/25/2009	Paul Kaiser Track & Field Classic
24*	ND			F	---	Young, Andrew	SR	4/25/2009	Paul Kaiser Track & Field Classic
Male Open Shot Put									
1	46-07.00		14.19m	F	---	Scott, Andrew	4/18/2009	ESU All-American Meet	
2	14.07m		46-02.00	F	---	Bleiler, Zach	SO	4/30/2009	2009 MAC Outdoor Championships
3	13.95m		45-09.25	F	---	Scott, Andrew	SO	4/25/2009	Paul Kaiser Track & Field Classic
4	13.62m		44-08.25	F	---	Scott, Andrew	4/30/2009	2009 MAC Outdoor Championships	
5	44-00.00		13.41m	F	---	Scott, Andrew	4/4/2009	Goucher Classic	
6	42-09.00		13.03m	F	---	Scott, Andrew	3/20/2009	2009 LVC Outdoor Invitational	
7	13.01m		42-08.25	F	---	Bleiler, Zach	SO	4/25/2009	Paul Kaiser Track & Field Classic
8	41-01.00		12.52m	F	---	Bleiler, Zach	SO	4/4/2009	Goucher Classic
9	12.42m		40-09.00	F	---	Scott, Andrew	3/27/2009	VMI-W&L Track and Field Carnival	
10	40-06.25		12.35m	F	---	Bleiler, Zach	SO	3/20/2009	2009 LVC Outdoor Invitational
11	12.22m		40-01.25	F	---	Bleiler, Zach	SO	3/27/2009	VMI-W&L Track and Field Carnival
12	12.02m		39-05.25	F	---	Avey, Chris	JR	4/25/2009	Paul Kaiser Track & Field Classic
13	11.90m		39-00.50	F	---	Avey, Chris	4/30/2009	2009 MAC Outdoor Championships	
14	38-09.00		11.81m	F	---	Bowne, Mark	4/4/2009	Goucher Classic	
15	38-08.25		11.79m	F	---	Avey, Chris	4/18/2009	ESU All-American Meet	
16	38-06.25		11.74m	F	---	Bowne, Mark	4/18/2009	ESU All-American Meet	
17	38-03.00		11.65m	F	---	Avey, Chris	3/20/2009	2009 LVC Outdoor Invitational	
18	11.49m		37-08.50	F	---	Bowne, Mark	4/30/2009	2009 MAC Outdoor Championships	
19	11.39m		37-04.50	F	---	Avey, Chris	3/27/2009	VMI-W&L Track and Field Carnival	
20	36-01.50		11.01m	F	---	Bowne, Mark	3/20/2009	2009 LVC Outdoor Invitational	
21	33-03.25		10.14m	F	---	Fees, Matthew	4/4/2009	Goucher Classic	
22	30-10.50		9.41m	F	---	Fees, Matthew	3/20/2009	2009 LVC Outdoor Invitational	
23	7.96m		26-01.50	M	---	Young, Andrew	4/30/2009	2009 MAC Outdoor Championships	

Lebanon Valley College Track & Field 2008-09 Performance List

Individual Top Marks Outdoors Only

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr		
24	25-09.50	7.86m	F	---	Young, Andrew		4/4/2009	Goucher Classic
Male Open Discus								
1	45.50m	149-03	F	---	Bleiler, Zach	SO	4/25/2009	Paul Kaiser Track & Field Classic
2	146-06.00	44.65m	F	---	Bleiler, Zach	SO	5/14/2009	ECAC Championships
3	142-01.00	43.30m	F	---	Bleiler, Zach	SO	3/27/2009	VMI-W&L Track and Field Carnival
4	141-01.00	43.00m	F	---	Bleiler, Zach	SO	4/4/2009	Goucher Classic
5	42.70m	140-01	F	---	Bleiler, Zach	SO	4/30/2009	2009 MAC Outdoor Championships
6	139-03.75	42.46m	F	---	Bleiler, Zach	SO	4/18/2009	ESU All-American Meet
7	42.46m	139-04	F	---	Bleiler, Zach	SO	3/27/2009	VMI-W&L Track and Field Carnival
8	123-06.00	37.64m	F	---	Bleiler, Zach	SO	3/20/2009	2009 LVC Outdoor Invitational
9	35.45m	116-04	F	---	Avey, Chris	JR	4/25/2009	Paul Kaiser Track & Field Classic
10	110-02.00	33.57m	F	---	Avey, Chris		3/20/2009	2009 LVC Outdoor Invitational
11	32.40m	106-03	F	---	Avey, Chris		4/30/2009	2009 MAC Outdoor Championships
12	104-01.50	31.73m	F	---	Avey, Chris		4/18/2009	ESU All-American Meet
13	21.01m	68-11	M	---	Young, Andrew		4/30/2009	2009 MAC Outdoor Championships
14	FOUL		F	---	Avey, Chris		3/27/2009	VMI-W&L Track and Field Carnival
Male Open Hammer								
1	48.62m	159-06	F	---	Bleiler, Zach	SO	4/30/2009	2009 MAC Outdoor Championships
2	47.22m	154-11	F	---	Bleiler, Zach	SO	4/25/2009	Paul Kaiser Track & Field Classic
3	146-03.00	44.57m	F	---	Bleiler, Zach	SO	5/14/2009	ECAC Championships
4	136-09.25	41.68m	F	---	Bleiler, Zach	SO	4/18/2009	ESU All-American Meet
5	136-08.00	41.65m	F	---	Bleiler, Zach	SO	3/20/2009	2009 LVC Outdoor Invitational
6	134-03.00	40.91m	F	---	Bleiler, Zach	SO	4/4/2009	Goucher Classic
7	126-04.00	38.50m	P	---	Bleiler, Zach	SO	4/4/2009	Goucher Classic
8	124-05.00	37.92m	F	---	Surgeoner, Clint		4/18/2009	ESU All-American Meet
9	37.41m	122-09	F	---	Surgeoner, Clint		4/30/2009	2009 MAC Outdoor Championships
10	120-06.00	36.72m	F	---	Surgeoner, Clint		4/4/2009	Goucher Classic
11	36.67m	120-04	F	---	Surgeoner, Clint	SO	4/25/2009	Paul Kaiser Track & Field Classic
12	118-00.00	35.96m	P	---	Surgeoner, Clint		4/4/2009	Goucher Classic
13	113-04.00	34.54m	F	---	Surgeoner, Clint		3/20/2009	2009 LVC Outdoor Invitational
14	32.05m	105-02	F	---	Surgeoner, Clint		3/27/2009	VMI-W&L Track and Field Carnival
15	95-01.75	29.00m	F	---	Bowne, Mark		4/18/2009	ESU All-American Meet
16	88-05.00	26.94m	F	---	Bowne, Mark		4/4/2009	Goucher Classic
17	81-07.00	24.86m	F	---	Fees, Matthew		3/20/2009	2009 LVC Outdoor Invitational
18	74-09.00	22.78m	F	---	Bowne, Mark		3/20/2009	2009 LVC Outdoor Invitational
19	67-00.00	20.42m	F	---	Fees, Matthew		4/4/2009	Goucher Classic
Male Open Javelin								
1	56.11m	184-01	F	---	Surgeoner, Clint		4/30/2009	2009 MAC Outdoor Championships
2	53.61m	175-11	F	---	Bleiler, Zach	SO	4/30/2009	2009 MAC Outdoor Championships
3	173-06.00	52.88m	F	---	Surgeoner, Clint		3/20/2009	2009 LVC Outdoor Invitational
4	52.41m	171-11	F	---	Bleiler, Zach	SO	3/27/2009	VMI-W&L Track and Field Carnival
5	170-10.00	52.07m	F	---	Bleiler, Zach	SO	4/4/2009	Goucher Classic
6	170-03.75	51.91m	F	---	Surgeoner, Clint		4/18/2009	ESU All-American Meet
7	169-10.00	51.76m	F	---	Surgeoner, Clint		5/14/2009	ECAC Championships
8	51.52m	169-00	F	---	Surgeoner, Clint		3/27/2009	VMI-W&L Track and Field Carnival
9	165-00.75	50.31m	F	---	Bleiler, Zach	SO	4/18/2009	ESU All-American Meet
10	163-07.00	49.86m	F	---	Surgeoner, Clint		4/4/2009	Goucher Classic
11	162-08.00	49.58m	F	---	Bleiler, Zach	SO	3/20/2009	2009 LVC Outdoor Invitational

Lebanon Valley College Track & Field 2008-09 Performance List

Individual Top Marks Outdoors Only

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr		
Male Open Javelin							
12	49.22m	161-06	F	---	Blieler, Zach	SO	4/25/2009 Paul Kaiser Track & Field Classic
13	49.07m	161-00	F	---	Surgeoner, Clint	SO	4/25/2009 Paul Kaiser Track & Field Classic
14	47.51m	155-10	F	---	Bowne, Nick	FR	4/30/2009 2009 MAC Outdoor Championships
15	46.83m	153-08	F	---	Bowne, Nick	FR	4/25/2009 Paul Kaiser Track & Field Classic
16	152-03.00	46.40m	F	---	Bowne, Mark		4/4/2009 Goucher Classic
17	148-00.50	45.12m	F	---	Bowne, Mark		4/18/2009 ESU All-American Meet
18	38.95m	127-09	F	---	Kansler, Zach		3/27/2009 VMI-W&L Track and Field Carnival
19	28.44m	93-04	M	---	Young, Andrew		4/30/2009 2009 MAC Outdoor Championships
Male Open Decathlon							
1	3440		F	---	Young, Andrew		4/30/2009 2009 MAC Outdoor Championships

Lebanon Valley College Track & Field 2008-09 Performance List

Relay Top Marks

Lebanon Valley College [LVC]
Number of Top Times: All

Time	Convert	Rnd	Relay			
Male Open 4x100m Relay						
1	43.72	F	A Relay	5/14/2009	ECAC Championships	
	Josh Light		Justin Lee (SO)		Tyler Cisarik (JR)	Jerome Duncan (FR)
2	43.90	F	A Relay	4/23/2009	Penn Relays	
	Josh Light		Justin Lee		Tyler Cisarik	Jerome Duncan
3	44.00	F	A Relay	4/18/2009	ESU All-American Meet	
3	44.00	F	A Relay	3/20/2009	2009 LVC Outdoor Invitational	
5	44.12	F	A Relay	4/4/2009	Goucher Classic	
5	44.12	F	A Relay	3/27/2009	VMI-W&L Track and Field Carnival	
			Justin Lee		Tyler Cisarik	Jerome Duncan
7	46.27	F	B Relay	3/27/2009	VMI-W&L Track and Field Carnival	
						Wes Rockwell
8	47.60	F	B Relay	3/20/2009	2009 LVC Outdoor Invitational	
9*	DNF	F	A Relay	4/30/2009	2009 MAC Outdoor Championships	
	Josh Light		Justin Lee		Tyler Cisarik	Jerome Duncan
9*	DNF	F	A Relay	4/25/2009	Paul Kaiser Track & Field Classic	
	Joshua Light (JR)		Justin Lee (SO)		Tyler Cisarik (JR)	Jerome Duncan (FR)
Male Open 4x400m Relay						
1	3:28.75	F	A Relay	4/30/2009	2009 MAC Outdoor Championships	
	Tyler Cisarik		Justin Lee		Jerome Duncan	Jeff Anderson
2	3:29.28	F	A Relay	4/4/2009	Goucher Classic	
3	3:30.58	F	A Relay	3/27/2009	VMI-W&L Track and Field Carnival	
	Chris Bauer		Tyler Cisarik			Courtland Hoose
4	3:30.90	F	A Relay	4/23/2009	Penn Relays	
	Tyler Cisarik		Justin Lee		Jerome Duncan	Jeff Anderson
5	3:36.40	F	A Relay	3/20/2009	2009 LVC Outdoor Invitational	
6	3:44.31	F	A Relay	4/25/2009	Paul Kaiser Track & Field Classic	
	Christopher Clements (JR)		Jeremy Ansbach (SR)		Isarel Lucena (JR)	Hong Vo (FR)
7	3:55.56	F	B Relay	3/27/2009	VMI-W&L Track and Field Carnival	
	Jessie Kriner					Andrew Young
8	5:17.50	F	B Relay	4/4/2009	Goucher Classic	