

Individual Top Marks Indoors Only

Lebanon Valley College [LVC]

Number of Top Times: All

	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
Men Open 55m Dash								
1*	6.71		P	1	---	Light, Josh	2/20/2010	DuCharme Invitational
1*	6.71		F	1	---	Light, Josh	2/20/2010	DuCharme Invitational
3	6.74		F	2	---	Light, Josh	2/13/2010	Susquehanna Open
4	6.76		P	4	---	Light, Josh	2/27/2010	MAC Indoor Track & Field Championships
5*	6.77		F	8	1	Light, Josh	12/5/2009	Ursinus Indoor Classic
5*	6.77		F	4	4	Light, Josh	2/27/2010	MAC Indoor Track & Field Championships
7	6.83		P	3	---	Light, Josh	2/13/2010	Susquehanna Open
8	6.91		P	14	---	Lee, Justin	2/27/2010	MAC Indoor Track & Field Championships
9	6.92		F	11	---	Light, Josh	1/23/2010	Susquehanna Orange & Maroon Classic
10	6.93		P	6	---	Lee, Justin	1/30/2010	2010 LVC Indoor Invitational
11	6.94		F	6	1	Lee, Justin	1/30/2010	2010 LVC Indoor Invitational
12	6.98		P	13	---	Lee, Justin	2/13/2010	Susquehanna Open
13	7.02		P	7	---	Light, Josh	1/30/2010	2010 LVC Indoor Invitational
14	7.08		F	22	---	Rockwell, Wes	1/23/2010	Susquehanna Orange & Maroon Classic
15*	7.10		P	24	---	Clements, Chris	2/20/2010	DuCharme Invitational
15*	7.10		P	23	---	Rockwell, Wes	2/20/2010	DuCharme Invitational
17	7.17		P	28	---	Gardner, William	2/20/2010	DuCharme Invitational
18	7.18		P	13	---	Rockwell, Wes	1/30/2010	2010 LVC Indoor Invitational
19	7.20		F	31	---	Clements, Chris	1/23/2010	Susquehanna Orange & Maroon Classic
20	7.24		F	32	---	Clements, Chris	12/5/2009	Ursinus Indoor Classic
21	7.25		P	17	---	Gardner, William	1/30/2010	2010 LVC Indoor Invitational
22	7.28		P	25	---	Clements, Chris	2/13/2010	Susquehanna Open
23	7.29		P	20	---	Clements, Chris	1/30/2010	2010 LVC Indoor Invitational
24	7.35		P	28	---	Gardner, William	2/13/2010	Susquehanna Open
25	FS		F		---	Cisarik, Tyler	1/23/2010	Susquehanna Orange & Maroon Classic
Men Open 200m Dash								
1	23.34		F	3	6	Duncan, Jerome	12/5/2009	Ursinus Indoor Classic
2	24.18		F	9	---	Light, Josh	2/27/2010	MAC Indoor Track & Field Championships
3	24.30		F	12	---	Light, Josh	2/13/2010	Susquehanna Open
4	24.50		F	7	---	Light, Josh	2/20/2010	DuCharme Invitational
5	24.78		F	14	---	Lee, Justin	2/20/2010	DuCharme Invitational
6	25.09		F	21	---	Clements, Chris	2/20/2010	DuCharme Invitational
7	25.10		F	21	---	Hoose, Courtland	2/13/2010	Susquehanna Open
8	25.14		F	29	---	Rockwell, Wes	1/23/2010	Susquehanna Orange & Maroon Classic
9	25.22		F	24	---	Gardner, William	12/5/2009	Ursinus Indoor Classic
10	25.36		F	25	---	Clements, Chris	12/5/2009	Ursinus Indoor Classic
11	25.40		F	24	---	Rockwell, Wes	2/13/2010	Susquehanna Open
12	25.49		F	35	---	Clements, Chris	1/23/2010	Susquehanna Orange & Maroon Classic
13	25.58		F	26	---	Clements, Chris	2/13/2010	Susquehanna Open
14	25.61		F	40	---	Gardner, William	1/23/2010	Susquehanna Orange & Maroon Classic
15	26.64		F	41	---	Szigethy, JT	12/5/2009	Ursinus Indoor Classic
16	27.33		F	46	---	Rockwell, Wes	2/20/2010	DuCharme Invitational
Men Open 300m Dash								
1	41.48		F	8	---	Gardner, William	2/20/2010	DuCharme Invitational
2	41.52		F	12	---	Hoose, Courtland	1/30/2010	2010 LVC Indoor Invitational
3	42.32		F	16	---	Gardner, William	1/30/2010	2010 LVC Indoor Invitational
4	42.63		F	19	---	Wiley, Caleb	1/30/2010	2010 LVC Indoor Invitational
5	42.65		F	20	---	Clements, Chris	1/30/2010	2010 LVC Indoor Invitational

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Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
Men Open 400m Dash								
1	55.33		F	29	---	Hoose, Courtland	2/13/2010	Susquehanna Open
2	57.65		F	27	---	Szigethy, JT	12/5/2009	Ursinus Indoor Classic
3	1:01.90		F	48	---	Gardner, William	2/13/2010	Susquehanna Open
Men Open 800m Run								
1	2:08.18		F	2	8	Nesmith, Matt	1/30/2010	2010 LVC Indoor Invitational
2	2:08.62		F	24	---	Talarico, Alex	1/23/2010	Susquehanna Orange & Maroon Classic
3	2:10.01		F	37	---	Nesmith, Matt	2/13/2010	Susquehanna Open
4	2:10.43		F	38	---	Talarico, Alex	2/13/2010	Susquehanna Open
5	2:13.17		F	4	4	D'Angelo, Nick	1/30/2010	2010 LVC Indoor Invitational
6	2:19.78		F	36	---	Abruzzo, Adam	2/20/2010	DuCharme Invitational
7	2:20.83		F	53	---	Abruzzo, Adam	2/13/2010	Susquehanna Open
Men Open 3000m Run								
1	9:35.92		F	1	10	Talarico, Alex	1/30/2010	2010 LVC Indoor Invitational
2	9:36.94		F	12	---	Nesmith, Matt	1/23/2010	Susquehanna Orange & Maroon Classic
3	9:38.24		F	15	---	D'Angelo, Nick	1/23/2010	Susquehanna Orange & Maroon Classic
4	9:38.90		F	17	---	Wallace, John	1/23/2010	Susquehanna Orange & Maroon Classic
5	10:12.90		F	8	---	Tierney, Patrick	1/30/2010	2010 LVC Indoor Invitational
6	10:31.18		F	13	---	Decusatis, Gabriel Lincc	1/30/2010	2010 LVC Indoor Invitational
Men Open 5000m Run								
1	16:17.12		F	15	---	D'Angelo, Nick	2/13/2010	Susquehanna Open
2	16:25.20		F	14	---	D'Angelo, Nick	2/27/2010	MAC Indoor Track & Field Championships
3	16:27.73		F	18	---	Wallace, John	2/13/2010	Susquehanna Open
4	17:32.34		F	43	---	Lincoln-Decusatis, Gabr	2/13/2010	Susquehanna Open
5	17:56.10		F	22	---	Lincoln-Decusatis, Gabr	1/23/2010	Susquehanna Orange & Maroon Classic
6	17:56.67		F	23	---	Tierney, Patrick	1/23/2010	Susquehanna Orange & Maroon Classic
7	18:33.51		F	8	---	Tierney, Patrick	2/20/2010	DuCharme Invitational
Men Open 1 Mile Run								
1	4:42.18		F	16	---	Talarico, Alex	2/13/2010	Susquehanna Open
2	4:42.92		F	9	---	Talarico, Alex	2/27/2010	MAC Indoor Track & Field Championships
3	4:46.06		F	1	10	D'Angelo, Nick	1/30/2010	2010 LVC Indoor Invitational
4	4:48.17		F	23	---	Talarico, Alex	1/23/2010	Susquehanna Orange & Maroon Classic
5	4:49.09		F	27	---	Nesmith, Matt	2/13/2010	Susquehanna Open
6	4:54.55		F	21	---	Nesmith, Matt	2/20/2010	DuCharme Invitational
7	5:01.35		F	26	---	Wallace, John	2/20/2010	DuCharme Invitational
8	5:20.93		F	57	---	Tierney, Patrick	2/13/2010	Susquehanna Open
Men Open 55m Hurdles								
1	8.12		F	3	6	Phanthavong, Bryan	2/27/2010	MAC Indoor Track & Field Championships
2	8.14		F	2	---	Phanthavong, Bryan	2/13/2010	Susquehanna Open
3	8.19		P	3	---	Phanthavong, Bryan	2/27/2010	MAC Indoor Track & Field Championships
4	8.24		F	1	10	Phanthavong, Bryan	1/30/2010	2010 LVC Indoor Invitational
5	8.44		P	3	---	Phanthavong, Bryan	2/13/2010	Susquehanna Open
6	8.58		P	3	---	Phanthavong, Bryan	1/30/2010	2010 LVC Indoor Invitational
Men Open High Jump								
1*	5-06.00	1.67m	F	10	---	Crespo, Luis	2/27/2010	MAC Indoor Track & Field Championships
1*	5-06.00	1.67m	F	5	2	Phanthavong, Bryan	1/30/2010	2010 LVC Indoor Invitational
3*	5-04.00	1.62m	F	6	1	Gardner, William	1/30/2010	2010 LVC Indoor Invitational
3*	5-04.00	1.62m	F	7	---	Gardner, William	2/20/2010	DuCharme Invitational
3*	5-04.00	1.62m	F	10	---	Crespo, Luis	2/20/2010	DuCharme Invitational

Individual Top Marks Indoors Only

Number of Top Times: All

	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
6*	5-02.00	1.57m	F	7	---	Wiley, Caleb	1/30/2010	2010 LVC Indoor Invitational	
6*	5-02.00	1.57m	F	11	---	Wiley, Caleb	2/20/2010	DuCharme Invitational	
8	NH		F		---	Gardner, William	1/23/2010	Susquehanna Orange & Maroon Classic	
Men Open Long Jump									
1	6.21m	20-04.50	F	9	---	Brandt, Erik	2/27/2010	MAC Indoor Track & Field Championships	
2	19-07.25	5.97m	F	5	2	Brandt, Erik	1/30/2010	2010 LVC Indoor Invitational	
3	19-06.00	5.94m	F	9	---	Brandt, Erik	2/20/2010	DuCharme Invitational	
4	19-03.50	5.88m	F	16	---	Brandt, Erik	2/13/2010	Susquehanna Open	
5	19-03.00	5.86m	F	13	---	Brandt, Erik	12/5/2009	Ursinus Indoor Classic	
6	18-06.00	5.63m	F	18	---	Brandt, Erik	1/23/2010	Susquehanna Orange & Maroon Classic	
7	18-05.75	5.63m	F	22	---	Rockwell, Wes	2/13/2010	Susquehanna Open	
8	18-01.50	5.52m	F	8	---	Rockwell, Wes	1/30/2010	2010 LVC Indoor Invitational	
9	17-11.25	5.46m	F	9	---	Gardner, William	1/30/2010	2010 LVC Indoor Invitational	
10	17-10.00	5.43m	F	10	---	Lee, Justin	1/30/2010	2010 LVC Indoor Invitational	
11	17-06.25	5.34m	F	23	---	Gardner, William	2/20/2010	DuCharme Invitational	
12	17-04.75	5.30m	F	26	---	Lee, Justin	1/23/2010	Susquehanna Orange & Maroon Classic	
13	17-02.25	5.23m	F	28	---	Gardner, William	1/23/2010	Susquehanna Orange & Maroon Classic	
14*	FOUL		F		---	Rockwell, Wes	2/20/2010	DuCharme Invitational	
14*	FOUL		F		---	Lee, Justin	12/5/2009	Ursinus Indoor Classic	
14*	FOUL		F		---	Gardner, William	2/13/2010	Susquehanna Open	
Men Open Triple Jump									
1	12.55m	41-02.25	F	7	---	Lee, Justin	2/27/2010	MAC Indoor Track & Field Championships	
2	40-06.25	12.35m	F	6	3	Lee, Justin	12/5/2009	Ursinus Indoor Classic	
3	40-06.00	12.34m	F	7	---	Brandt, Erik	1/23/2010	Susquehanna Orange & Maroon Classic	
4	40-05.00	12.31m	F	1	10	Wiley, Caleb	1/30/2010	2010 LVC Indoor Invitational	
5	12.29m	40-04.00	F	9	---	Brandt, Erik	2/27/2010	MAC Indoor Track & Field Championships	
6	40-02.00	12.24m	F	3	---	Lee, Justin	2/13/2010	Susquehanna Open	
7	12.24m	40-02.00	F	10	---	Wiley, Caleb	2/27/2010	MAC Indoor Track & Field Championships	
8	39-10.75	12.16m	F	2	8	Lee, Justin	1/30/2010	2010 LVC Indoor Invitational	
9	39-10.00	12.14m	F	4	---	Wiley, Caleb	2/20/2010	DuCharme Invitational	
10	39-08.50	12.10m	F	4	---	Wiley, Caleb	2/13/2010	Susquehanna Open	
11	39-08.00	12.09m	F	8	1	Brandt, Erik	12/5/2009	Ursinus Indoor Classic	
12	39-07.00	12.06m	F	5	---	Lee, Justin	2/20/2010	DuCharme Invitational	
13	39-03.00	11.96m	F	6	---	Brandt, Erik	2/13/2010	Susquehanna Open	
14	39-00.75	11.90m	F	3	6	Brandt, Erik	1/30/2010	2010 LVC Indoor Invitational	
15	38-04.00	11.68m	F	14	---	Lee, Justin	1/23/2010	Susquehanna Orange & Maroon Classic	
16	38-02.75	11.65m	F	7	---	Brandt, Erik	2/20/2010	DuCharme Invitational	
17	35-07.75	10.86m	F	7	---	Rockwell, Wes	1/30/2010	2010 LVC Indoor Invitational	
Men Open Shot Put									
1	14.67m	48-01.75	F	2	8	Scott, Andrew	2/27/2010	MAC Indoor Track & Field Championships	
2	47-11.00	14.60m	F	1	---	Bleiler, Zach	2/13/2010	Susquehanna Open	
3	14.59m	47-10.50	F	3	6	Bleiler, Zach	2/27/2010	MAC Indoor Track & Field Championships	
4	47-02.50	14.38m	F	2	---	Scott, Andrew	2/13/2010	Susquehanna Open	
5	46-06.75	14.19m	F	2	---	Scott, Andrew	1/23/2010	Susquehanna Orange & Maroon Classic	
6	45-09.25	13.95m	F	4	---	Bleiler, Zach	2/20/2010	DuCharme Invitational	
7	45-05.75	13.86m	F	1	10	Scott, Andrew	1/30/2010	2010 LVC Indoor Invitational	
8	45-00.00	13.71m	F	2	7	Scott, Andrew	12/5/2009	Ursinus Indoor Classic	
9	44-09.75	13.65m	F	6	---	Scott, Andrew	2/20/2010	DuCharme Invitational	
10	37-08.75	11.50m	F	19	---	Crespo, Luis	2/20/2010	DuCharme Invitational	
11	34-11.00	10.64m	F	17	---	Avey, Chris	12/5/2009	Ursinus Indoor Classic	

Individual Top Marks Indoors Only
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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
12	33-03.75	10.15m	F	10	---	Beall, Bo	1/30/2010	2010 LVC Indoor Invitational
13	33-01.25	10.09m	F	26	---	Beall, Bo	2/20/2010	DuCharme Invitational
14	30-04.75	9.26m	F	40	---	Avey, Chris	2/13/2010	Susquehanna Open
15	30-04.25	9.25m	F	30	---	Beall, Bo	1/23/2010	Susquehanna Orange & Maroon Classic
Men Open Wght Thr								
1	54-03.25	16.54m	F	2	---	Bleiler, Zach	2/13/2010	Susquehanna Open
2	15.29m	50-02.00	F	4	4	Bleiler, Zach	2/27/2010	MAC Indoor Track & Field Championships
3	28-06.50	8.70m	F	31	---	Beall, Bo	2/13/2010	Susquehanna Open

Relay Top Marks

Lebanon Valley College [LVC]

Number of Top Times: All

Time	Convert	Rnd	Relay
Men Open 4x200m Relay			
1	1:35.57	F	A Relay
	Josh Light		Justin Lee
		12/5/2009	Ursinus Indoor Classic
2	1:37.24	F	A Relay
	Josh Light		Jerome Duncan
		2/27/2010	MAC Indoor Track & Field Championships
3	1:39.57	F	A Relay
			Chris Clements
			Caleb Wiley
4	1:40.00	F	A Relay
		2/13/2010	Susquehanna Open
5	1:40.85	F	A Relay
		1/23/2010	Susquehanna Orange & Maroon Classic
6	1:41.50	F	A Relay
	Josh Light	2/20/2010	DuCharme Invitational
		1/30/2010	2010 LVC Indoor Invitational
			Justin Lee
			Tyler Cisarik
	Chris Clements		
Men Open 4x400m Relay			
1	3:54.82	F	A Relay
	Chris Clements		Courtland Hoose
		2/27/2010	MAC Indoor Track & Field Championships
			William Gardner
			Alex Talarico
Men Open 4000m Distance Medley Relay			
1	11:02.03	F	A Relay
	Alex Talarico		Courtland Hoose
		2/27/2010	MAC Indoor Track & Field Championships
			Matt Nesmith
			Nick D'Angelo
2	11:10.18	F	A Relay
		2/20/2010	DuCharme Invitational